

NAME	M/F	AGE	DISTANCE	TIME
Abby Head	F	7 to 10	5K	0:31:44
Zoe Crookshank	F	7 to 10	5K	0:33:45
Melinda Boyd	F	7 to 10	5K	0:34:28
Eden Head	F	7 to 10	5K	0:37:37
Ainsley Needham	F	7 to 10	5K	0:38:44
Allison Worthy	F	7 to 10	5K	0:43:56
Grace Worthy	F	7 to 10	5K	0:54:33
Jack Long	M	7 to 10	5K	0:23:59
Cole Forsythe	M	7 to 10	5K	0:25:44
Tommy Pfeifer	M	7 to 10	5K	0:28:09
Liam Schreuber	M	7 to 10	5K	0:29:54
Leo Head	M	7 to 10	5K	0:33:45
Elijah Carson	M	7 to 10	5K	0:36:44
Steve Carson	M	7 to 10	5K	0:36:48
Gle Needham	M	7 to 10	5K	0:36:52
Christopher Chernoff	M	7 to 10	5K	0:37:10
Quinn Elzer	M	7 to 10	5K	0:39:38
Jett Schreuber	M	7 to 10	5K	0:40:20
Cameron Boyd	M	7 to 10	5K	0:36:33
Sydni Long	F	11 to 13	5K	0:27:10
Cara Marshall	F	11 to 13	5K	0:30:28
Emily Lister	F	11 to 13	5K	0:34:36
Chloe Elzer	F	11 to 13	5K	0:43:16
Matthew Behan	M	11 to 13	5K	0:22:27
Michael Lance	M	11 to 13	5K	0:25:43
Joshua Chernoff	M	11 to 13	5K	0:33:38
Natalie Verdial	F	11 to 13	10K	1:04:09
Heather Rowbotham	F	14 to 16	5K	0:30:14
Kristen Lance	F	14 to 16	5K	0:33:45
Hanna Madden	F	14 to 16	5K	0:33:45
Jenna Waters	F	14 to 16	5K	0:35:30
Rosa du Toit	F	14 to 16	5K	0:35:36
Jenica Kronstrom	F	14 to 16	5K	0:35:50
Bobbi-Lynn Deans	F	14 to 16	5K	0:35:52
Danni McLeod	F	14 to 16	5K	0:43:17
Scott Young	M	14 to 16	5K	0:46:11
Nicole Verdial	F	14 to 16	10K	1:04:12
Ariel Atkinson	F	14 to 16	10K	0:59:36

NAME	M/F	AGE	DISTANCE	TIME
Emily Young	F	17 to 30	5K	0:25:44
Stefanie Campbell	F	17 to 30	5K	0:26:33
Lisa Gauvreau	F	17 to 30	5K	0:36:48
Angela Stogre	F	17 to 30	5K	0:36:52
Amanda Scholtens-Dufresne	F	17 to 30	5K	0:54:57
Victoria Redlon	F	17 to 30	5K	0:54:57
Jessica Hitt	F	17 to 30	5K	0:54:57
Max Stewart	M	17 to 30	5K	0:24:10
Brandon Henderson	M	17 to 30	5K	0:25:23
Brandon Nesbitt	M	17 to 30	5K	0:34:36
Warren Foster	M	17 to 30	5K	1:02:36
Jill Sickavish	F	17 to 30	10K	0:51:49
Morgan Shull	F	17 to 30	10K	0:54:12
Erika Hein	F	17 to 30	10K	0:57:46
Anne Sickavish	F	17 to 30	10K	1:06:28
Samantha Riczu	F	17 to 30	10K	1:07:26
Jonathan Van Wiltenburg	M	17 to 30	10K	0:44:15
Matt Mayenburg	M	17 to 30	10K	0:48:53
Aisling Owton	M	17 to 30	10K	0:58:10
Christine Behan	F	31 to 50	5K	0:22:30
Christy Sullivan	F	31 to 50	5K	0:26:53
Margaret Worthy	F	31 to 50	5K	0:28:11
Rosalyn Culos	F	31 to 50	5K	0:29:24
Laurie Marshall - Loc	F	31 to 50	5K	0:32:43
Raeann Gloslee	F	31 to 50	5K	0:37:54
Belinda Chow	F	31 to 50	5K	0:39:00
Tania Brown	F	31 to 50	5K	0:39:02
Darcy Gesell	F	31 to 50	5K	0:39:38
Shelly Carson	F	31 to 50	5K	0:39:38
Christine Schreuber	F	31 to 50	5K	0:40:10
Gwen Hompoth	F	31 to 50	5K	0:45:06
Maureen MacLennan	F	31 to 50	5K	0:49:10
Yvonne Boyd	F	31 to 50	5K	0:54:57
Margo Urquhart	F	31 to 50	5K	1:02:26
Debbie du Toit	F	31 to 50	5K	1:04:38
Rian Gauvreau	F	31 to 50	5K	N/A
Sarah Bonsor	F	31 to 50	10K	0:52:17
Clarie Bonsor	F	31 to 50	10K	0:53:43

NAME	M/F	AGE	DISTANCE	TIME
Alston Miller	M	31 to 50	5K	0:19:27
Brian Kukulies	M	31 to 50	5K	0:27:59
Rob Head	M	31 to 50	5K	0:31:45
Gary Needham	M	31 to 50	5K	0:37:39
Dean Elzer	M	31 to 50	5K	0:43:29
Sarah Bonsor	F	31 to 50	10K	0:52:17
Clarie Bonsor	F	31 to 50	10K	0:53:43
Jeannette Behan	F	31 to 50	10K	0:56:48
Diana Collicut	F	31 to 50	10K	0:57:50
Anne Wilson	F	31 to 50	10K	0:59:22
Melanie Gowronski	F	31 to 50	10K	0:59:30
Shawna-Lynn Graham	F	31 to 50	10K	0:59:36
Kim Barton-Bridges	F	31 to 50	10K	1:00:19
Danielle Marentette	F	31 to 50	10K	1:50:14
Nicole Bassett	F	31 to 50	10K	2:06:39
Greg Tait	M	31 to 50	10K	0:40:55
John Vanderkemp	M	31 to 50	10K	0:45:06
Chris Bratseth	M	31 to 50	10K	1:50:15
Marisa Drolet	F	31 to 50	21.1K	1:55:40
Kuxy Doell	F	31 to 50	21.1K	2:08:42
Scott Kovacs	M	31 to 50	21.1K	1:34:56
Stephen Gould	M	31 to 50	21.1K	1:45:20
Cathy Stogre	F	50+	5K	0:38:24
Georgia MacLennan	F	50+	5K	0:49:13
Maureen Foster	F	50+	5K	1:02:27
Johan Elebracht	M	50+	5K	0:28:51
Al Urquhart	M	50+	5K	1:02:38
Donna Devine	F	50+	10K	1:04:18
Theresa Verdial	F	50+	10K	1:04:38
Susan Buchanan	F	50+	10K	2:30:45
Dale Campbell	F	50+	10K	2:30:45
Jan Del Mistro	M	50+	10K	1:00:16
Bill Whyard	M	50+	10K	1:35:26
Doug Lanigan	M	50+	21.1K	1:00:40
Rob McWilliam	M	50+	21.1K	1:49:31
Frank D'Angio	M	50+	21.1K	1:53:36
Richard Stogre	M	50+	21.1K	2:09:20

RELAY TEAM	M/F
FDUS	
Robert Devlin	M
Kevin Culos	M
Kevin Cote	M
Chris Phyll	M

DISTANCE	TIME
Relay	0:23:26
Relay	0:24:23
Relay	0:21:09
Relay	0:26:35
	1:34:53